



Helpful Reminders During April

Reminder

Meals are delivered between 10am and 1pm. Please give the volunteers until 1pm to deliver your meal.

Please remember to call our office if you will not be home to receive your meal.

813-238-8410

We will not be delivering meals on **Friday April 18** due to Good Friday. Weekend meals will be delivered earlier that week.



APRIL IS NATIONAL POETRY MONTH!

Inaugurated by the Academy of American Poets in 1996, National Poetry Month is now held every April, when schools, publishers, libraries, booksellers, and poets throughout the United States band together to celebrate poetry and its vital place in American culture. Thousands of organizations participate through readings, festivals, book displays, workshops, and other events.

A SMILE NEVER AGES

The older you get the less you know.
Just ask your kids they will say its so.

Blood pressure up. Arches flat.
Everything you eat just goes to fat.

Get out of bed. Move real slow.
Three times a night you have to go.

The world keeps changing
at a hectic pace
causing more gray hair
and a wrinkled face.

But as you look in the mirror -
what catches your eye -
is your smile never ages
as the years go by.

--by Tom Krause

DO YOU HAVE A FAVORITE POEM?

If so, please share it with us! You may give it to your volunteer or mail it to us at MOW 550 W Hillsborough Ave Tampa FL 33603.

We ALWAYS look forward to hearing from you!

When I'm An Old Lady --by Joanne Bailey Baxter

When I'm an old lady, I'll live with each kid,
And bring so much happiness just as they did.
I want to pay back all the joy they've provided.
Returning each deed! Oh, they'll be so excited!
(When I'm an old lady and live with my kids...)

I'll write on the walls with reds, whites, and blues,
And bounce on the furniture.....wearing my shoes.
I'll drink from the carton and then leave it out.
I'll stuff all the toilets and oh, how they'll shout!
(When I'm an old lady and live with my kids...)

When they're on the phone and just out of reach,
I'll get into things like sugar and bleach.
Oh, they'll snap their fingers and then shake their head,
And when that is done, I'll hide under the bed.
(When I'm an old lady and live with my kids...)

When they cook dinner and call me to eat,
I'll not eat my green beans or salad or meat.
I'll gag on my okra, spill milk on the table,
And when they get angry...I'll run....if I'm able!
(When I'm an old lady and live with my kids...)

I'll sit close to the TV., through the channels I'll click
I'll cross both eyes just to see if they stick.
I'll take off my socks and throw one away,
And play in the mud 'til the end of the day!
(When I'm an old lady and live with my kids...)

And later in bed, I'll lay back and sigh,
I'll thank God in prayer and then close my eyes.
My kids will look down with a smile slowly creeping,
And say with a groan, "She's so sweet when she's sleeping!"



HURRICANE MEALS

Over the last 8 years, Meals on Wheels of Tampa has provided you with canned goods at the start of Hurricane Season. These canned goods were to be used in case of a storm emergency. Please let us know your comments and if you found the box of goods helpful. All comments are welcome. Please call 813-238-8410 and ask for Andrea or Jan. Thank you!